

Youthpass Reflective Process



How to organise your own learning

To be able to deal with obstacles

Learning to learn

Being responsible for your own learning

To evaluate/assess the outcomes of your learning

The ability and willingness to use mathematical modes to deal with problems and challenges in every day life

The ability/ willingness to use knowledge to explain the natural world, to identify questions and to draw evidence based conclusions



Mathematical competence and basic competences in science and technology

The ability to express and understand in a foreign language according to your needs

A positive attitude towards cultural differences and diversity.

curiosity in languages and intercultural communication





The ability to express thoughts, feelings and facts in words (oral/written)

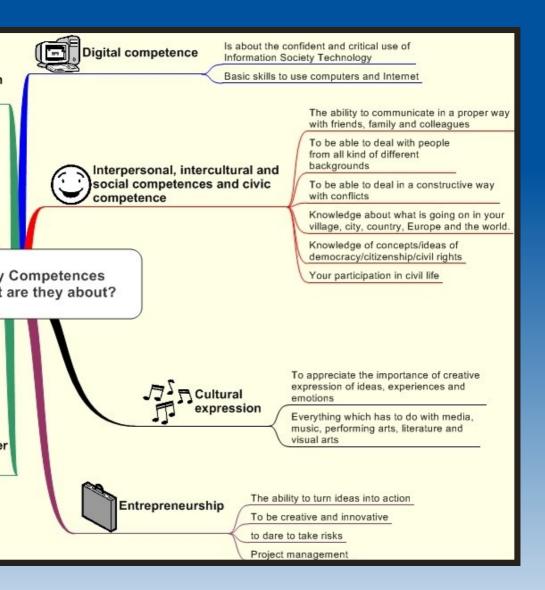
to be able to interact linguistically in an appropriate way



Communication in the mother tongue









Youthpass

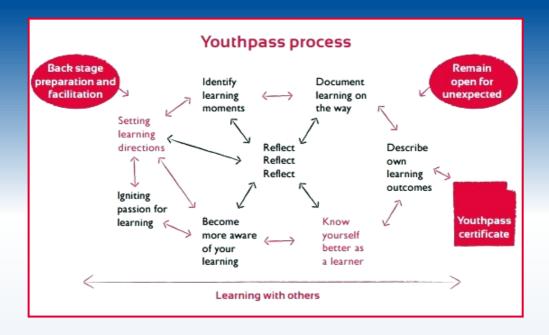
Youthpass is a European recognition tool for non-formal and informal learning in youth work. Youthpass is for projects funded by Erasmus+ Youth in Action and Youth in Action programmes. With Youthpass the participants of these projects can describe what they have done and show what they have learnt. It describes the new skills and knowledge that a participant has gained in a Youth in Action project.

The Youthpass process is not just about collecting pieces of learning during the educational activity and putting them nicely in the self-assessment part. It is a 'method in action' that helps young people like you take their learning into their own hands and develop a set of attitudes and skills.

It is the moment to meet yourself, to face your convictions and doubts. It is the moment of increased awareness about yourself as a learner.









KNOW YOURSELF

Questions to think about:

How do I prefer to learn?

Am I passionate about learning?

What helps me in my learning process?

What blocks me in my learning?

How much do I see myself as a lifelong learner?



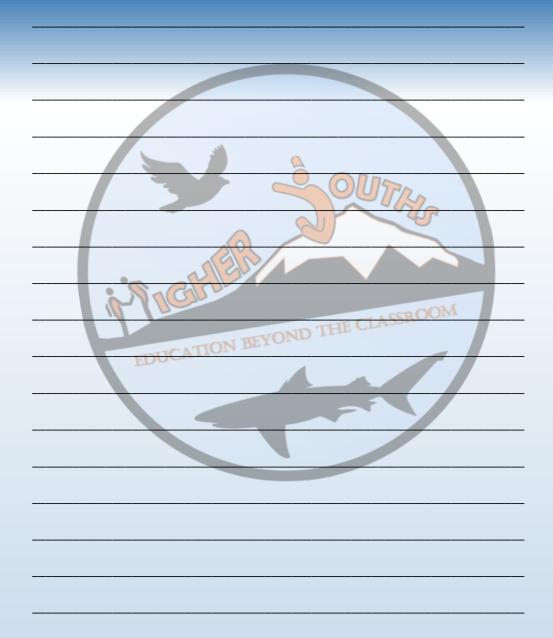
COMMUNICATION SKILLS

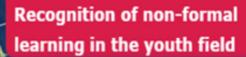
Being in a Youth Exchange means being confronted with other languages. Already in the preparation phase of the actual exchange the other language can be explored and practiced through language classes, through communication by email with the partners, through reading information on websites about the other countries, etc. Communication is probably the most important element in a Youth Exchange which makes expressing your needs, thoughts and feelings in a foreign language a crucial competence.

- What (ways of communicating, new words and phrases, traditions, etc.) did you learn about a foreign language? Which situations in the project helped you in that?
- Did you face any problems to express yourself in the foreign language? In which situations? How did you deal with them and what did you learn?
- Which way (talking or writing, or maybe other) did you find the most helpful to express your thoughts and feelings in a foreign language?
- How did you communicate before and after the exchange with the other group(s) (email, Skype, telephone)? What did you learn from that?
- What did you learn about other countries, nations or cultures?
- Do you feel now more self-confident when you want to express yourself?
 In what way?
- What else could you do to develop yourself further in this competence? Who and what can help you in that?











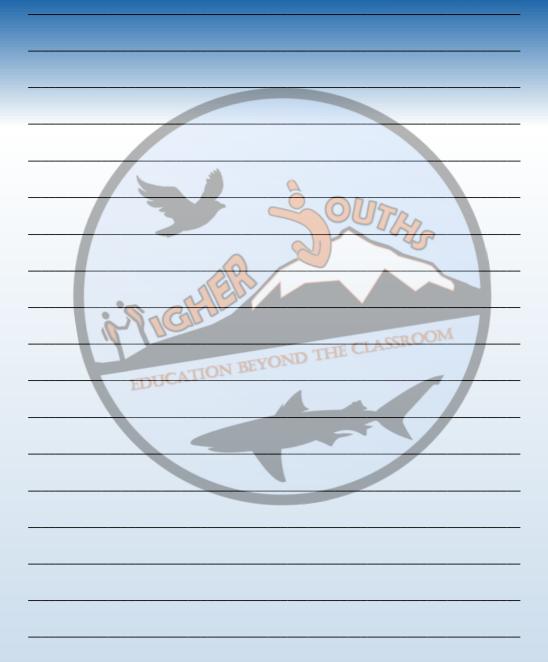
In Youth Exchanges young people are often involved in the planning of the project, collecting the necessary finances and, depending on the topic of the exchange, collecting data and information about the theme of the project. Strategic thinking, analysing needs and solving problems are part of this.

- How did you plan the project? With whom and in what way?
- Did you work with the budget, calculating and controlling money or other resources, etc? If yes, how was it for you? What did you learn?
- How did you solve problems in your project? How did you look for solutions? How did you implement them?
- Did you present your project to others? Did you use any models, charts, etc.? Did you develop any new presentation skills? Which?
- Did you get any new scientific knowledge? Which and how?
- How did you cope with new and unexpected situations in your project?
- Does your project contribute in any sense to science development? How?
- What else would you like to learn in this field? Who can help you?

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In a Youth Exchange, you are using different digital tools for preparing, realising, and evaluating the project and to share it with the world outside. Especially in the phase before the actual exchange, the Internet will be used a lot to communicate with the other partners in the project. Young people will be using online tools to prepare the travel, they might be making short clips and/or pictures to present themselves to the other groups and put those on-line, they will start to communicate through social networks, build a website etc. But also during the exchange, different media will be used: software for publishing/making movies/music etc., online tools for communication and promotion etc.

- Which digital media (computer, telephone, the Internet, camera, etc.)
 did you use for preparation, realisation and follow up of the project?
 What for?
- How did you use the Information Technology to communicate with the other groups in the project? What was new for you? What did you learn?
- Which new computer programmes and applications did you use and learn? How did you use them?
- Did you create online tools to promote or to inform others about the project (website, Twitter, Facebook, blogs etc.)? What did you learn from that?
- What was challenging in working with such digital tools? Did you have any problems? How did you overcome them?
- Did you develop your confidence in using digital media? In what way?







LEARNING TO LEARN

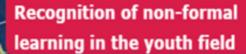
Learning to learn is the crucial competence that helps us reach all other competences. It's about setting learning aims and objectives, reflecting upon your learning strengths and weaknesses and ways you learn best, organising your learning, motivating yourself, being aware of being a learner and taking responsibility for your own development. Assessing and monitoring the development, collecting outcomes and reporting changes you went through. This can be done as an individual as well as a group.

- What was your personal motivation to participate in this project? What did you want to get out?
- Did you plan your learning aims and objectives? Did you reach them?
- Did you learn things that you did not plan or expect to learn? Which?
- Through which activities and roles/tasks that you had in the exchange project did you develop yourself the most?
- How did you learn? When was learning easy for you and when was it challenging? Why?
- Was your development in the project different than learning in school/work/university? In what way?
- Which methods did you use to monitor and evaluate what you achieved?
- How was it for you to be responsible for your own development?
- What did you discover about yourself? What else would you like to improve?
- What did you learn as a group? How was it to work and develop together with your peers? What did you learn from each other?









SOCIAL & CIVIC COMPETENCE

One of the key issues in youth work has always been the participation of young people in society. A Youth Exchange touches this competence in various ways. The national group acts together to shape the project and thereby practices the skills and attitudes of active participation.

The international dimension of the Youth Exchange offers the possibility to observe other realities in different countries, to share and compare your experiences and ideas with peers from different cultures, to see your own reality in a broader perspective and to bring that international dimension back to the local reality.

- What was your personal motivation to participate in this project? What did you want to get out?
- How was it for you to be a part of your national group? What role did you take? What does it mean for you?
- How was it for you to be a part of the international group? What role did you take? What was new for you?
- What did you learn about the living conditions of the young people from other countries? What was different from your situation?
- What was the impact of the Youth Exchange on your local situation?
- Would you call yourself an active citizen? Why?
- How did your knowledge of local/regional/national and/or European structures change or increase?
- How can you contribute to any social or environmental initiatives around you?
- What else would you like to improve concerning these competences?









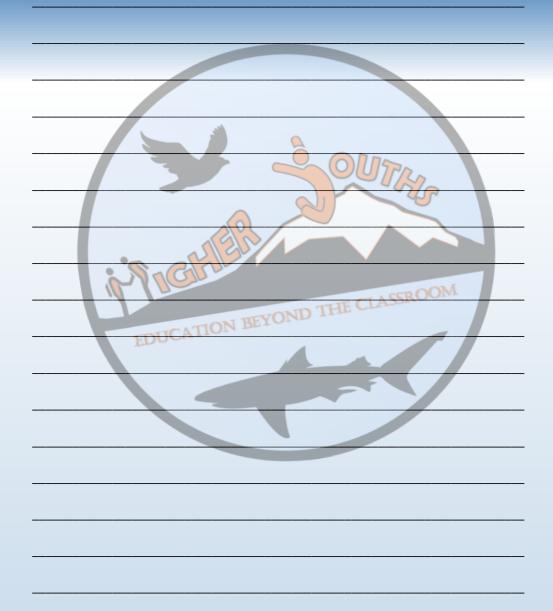
A Youth Exchange is about turning ideas into action, about being creative, trying out new things which might be risky sometimes; the project has to be managed and takes place in different contexts. Young people in Youth Exchanges can take the chance to use all these options. The chance is offered to develop talents, discover passions, try out new tasks and roles and get inspired for new ideas/plans to turn into action.

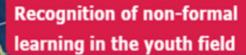
- Which ideas did you put into action during the project? How do you feel about it?
- In what part of the project could you express your creativity and innovation?
- How and from which situations did you learn about 'taking the initiative' and 'being active'?
- What did you learn about project management, action planning, teamwork and cooperation, taking risks, creativity and flexibility?
- How is it for you to take initiative? How is it to follow others?
- Which project experiences can you use for building up your personal and professional development?
- What else would you like to learn in this area?
- What did you learn as a group?

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CULTURAL AWARENESS & EXPRESSION

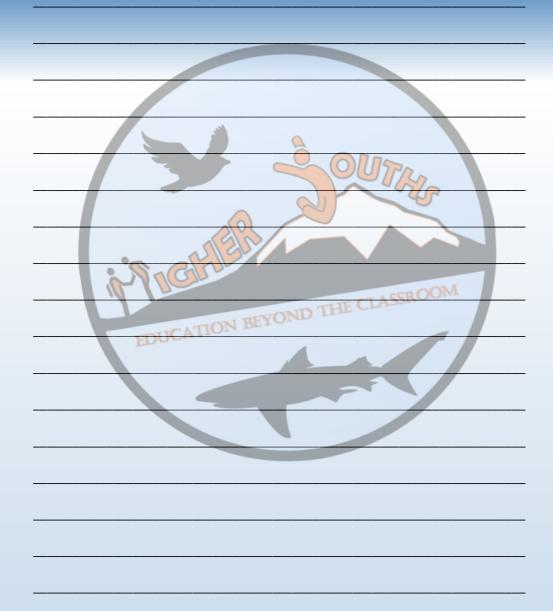
A Youth Exchange offers young people to be very creative in finding ways of organising ideas and expressing them in various ways. It might concern the project itself (by topics linked to music, theatre, art, dancing etc.) as well as methodologies used in the project where different artistic and creative techniques and approaches are used to express oneself and to make the project vivid and attractive.

- Did you experience new cultural expressions during your project? If yes, how did they influence you?
- What kind of cultural expressions do you know in your community?
 How would you describe them?
- Did you learn new ideas or methodologies for working with art and culture? How and from whom did you learn?
- In which context did you use creative and artistic methods?
- Did you get more self-confidence in this area? How?
- What did you discover about yourself in this competence?
- What did you learn from the partner groups about culture?
- What else would you like to learn in this field?
- What did you learn as a group?

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